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*Change & Loss Expert
 Marketing Maven*

*When you have a deep, burning desire
 To change something in your environment
 It's time to invite Anne Spieker onto the scene.*

*As soon as you do, the magic begins...
 Belief in your goals and hope for the future
 A strong partner to walk the talk with you
 Structure to make decisions and move forward*

*She enters your landscape and the growth begins
 A new future unfolds, and people begin to bloom.
 Her energy is that powerful.*

Anne Spieker has been there...She's been through the fire...and is beautifully weaved with qualified as a Life Coach and Professional Speaker. With career experiences including Manpower, Kohler, syndicated Radio, business ownership, and Workforce Development for professionals, Anne has seen and survived every type of corporate change and career challenge. *"I've learned how to come out on top and make a success of my situation. It takes a positive attitude, a strong self-concept, and clear goal-setting to navigate the currents of change we face in our new, very global world."*

Personally, Anne grew up in the private parochial school system and moved into a very public life, changed from a sports girl to a career girl, endured changes and losses that redefined how life can be managed. *"Through it all, I have gained an understanding that I share with people facing challenges in their personal and professional lives Through Coaching, I share the secrets of walking Through the Fire and coming out burnished...with new strengths and insights and abilities. This new attitude leads to extraordinary achievement and results in life."*

Anne provides customized coaching to groups, corporations, and individuals, always working to meet your specific needs. She is a professional speaker and facilitator.

Sample topics include:

"Shake it Off" – Do you know how to Give up Control to Gain the Professional Edge? New leadership and delegation strategies will give you and your company freedom from corporate constriction and a new competitive advantage.

"The Intuitive Executive" – Learn success strategies for Harnessing your Intuition in the business world. How to use Instinct to create the desired Perception. How to Pinpoint an intuitive moment...Process situations via instincts...Project the winning perception/message.

"Nothing So Constant as Change" - Navigate a successful course through life or job transitions. Leverage the upheavals in life into opportunities for learning and growth. Become a new and stronger person!

"What's Your Message?" - What are you communicating to your employees, your boss, and the people around you? Learn the Secrets of Communicating for career and personal success via words and body language. Participants report improvements in just one workshop.

"Happiness is a Bonus" - Make it Happen vs. randomly seeking happiness in your life. How to give voice to your heartfelt desires and objectives, plan steps to attain them, and celebrate when you arrive!

"That's Hot or Not" - Do the Paris Hiltons of our world really project the right image for success? How to maintain a healthy self-esteem in our high-image world.

Other topics -Collaborating with you, Anne will customize a presentation or workshop to meet your needs. No topic is too difficult or cumbersome to address and deliver.

Group/Team Coaching

For groups or teams: A partnership is formed to set goals, provide focus, expand possibilities, track progress, overcome obstacles, and mark accomplishments. End results are enhanced cohesiveness, better communication, and achievement of results.

"I attended a session by Ms. Spieker which made us look forward and set goals. She made us write them down on paper, and suddenly, they became real. We found answers together and quickly. If you're stuck, you need Anne."

Corporate Life Coaching

Downsizing and reorganization are two reasons for providing Coaching services for employees. Key objectives are employee retention and enabling professionals to deal with job pressure and security concerns. The result is a more stable and productive work force.

"Anne's experience in the work world, life, and as a professional, are second to none. She is very intuitive, intelligent, and experienced in so many areas. Working with Anne Spieker is a phenomenal experience."

Personal Life Coaching

For individuals who have made a decision to move forward and want help directing their efforts. Personal sessions include e-mail and phone contact, inspirational CDs and web newsletters, plus structured worksheets. This provides support for achieving life goals.

"Anne is a mentor in my life, constantly making me look ahead and not back. I feel her gentle hand on my shoulder, edging me forward, walking beside me on this journey. Anne gives me hope when I see none."

Anne Spieker, Life Coach & Speaker ~ Call 262-456-4219 ~She's Been Through the Fire